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Dr. Mary L. Northway, who is known to SPHE graduates as their lecturer in II Year Psychology (Mental Hygiene) and to a number of MES graduates for her camp work, is writing a series of three articles for the Camping Magazine entitled "So Went the Summer". The first one appeared in the January issue and the second in the February number, both very clever, very entertaining and well worth reading. She says, "An adventure is oneself in a situation the outcome of which is unpredictable...An adventure always includes a degree of suspense, which is that enjoyable form of uncertainty that stimulates excitement." Well, there has been plenty of adventure around the School this winter. Each day was a great adventure. Would you get to School on time or would you stand on the street corner waiting, waiting for the car or bus that did not come. If one came would you be able to squeeze on intact or would half your coat be left outside the car door? If you got on would you have any buttons left when you got off? Adventure galore! But the sun is shining, spring is just around the corner and the students have thrown themselves into preparations for the apparently one great adventure of the college year, examinations. It is an adventure that stimulates excitement and it is very much a form of uncertainty. Whether or not it is enjoyable, we wonder! It is the I Year students for whom this examination time seems to be the greatest adventure. (Query - When the element of uncertainty is removed, does it cease to be an adventure? Or in other words when you know you are going to fail, what is it then?) At the time of writing, Physics and Psychology seem to be the biggest adventures. The element of suspense is very great!

The evening of February 27th, members of the staff of the University gathered in large numbers at the Royal York Hotel to honour President Cody who is retiring at the end of this School year. With President and Mrs. Cody at the head table were the heads of colleges, faculties, schools and departments, a long and imposing array of men in formal dinner dress with here and there the "odd" woman, not many here or there we will admit. Professor Bain of S.P.S. was the chairman and in rather a whimsical speech introduced the speakers of the evening. Professor Burton, head of the department of Physics made the presentation of two chairs to Dr. and Mrs. Cody (in absentia honoris causis? At least we did not see the chairs.) Professor Burton said he once heard Dr. Cody preach a sermon on boots, all the boots in the Bible he thought it was, so he decided he might preach one on chairs. He looked up chairs in the Concordance but could find nothing. Then he looked up seats and all he found was something about Moses' seat and Job's seat, neither of which was suitable for a text on this Occasion. Finally he thought "if only Mrs. Cody's birthday is on the 23rd of some month, I'll have my text". So one day when he happened to meet her, he asked her if by any chance her birthday was on the 23rd of a month and it was! Did you know there is a chapter in the Book of Proverbs that will tell you what kind of woman you are, if you are a woman? There are 31 verses and the 23rd (of the 31st chapter) reads, "Her husband is known in the gates when he sitteth among the chiefs of the land!" "That", said Professor Burton, "is my text." He spoke of Dr. Cody's goodness and his kindness. He spoke of the difficult period through which Dr. Cody has been president and of all he has accomplished. Professor Taylor, head of the department of Oriental Languages and Professor Boyd of the Faculty of Medicine both gave excellent addresses in which they emphasized the President's long years of usefulness to his Alma Mater. In replying to the toast that was drunk in his honour, President Cody evidently hated to admit that he was even getting old, and told of the colored preacher who said, "Brethren, we must co-operate with the inevitable." Dr. Cody said we need to combine the action, vigour and defiance of facts of youth with the experience and mature judgment of age.

On February 21st, the Physical and Health Education Association brought Major Ian Eisenhardt, Director of Physical Fitness for Canada, to speak to the student body. After his address, there was a period for questions which the students seemed glad to use.

One of the favourite events of the School year for those who are fortunate enough to be eligible to attend is the Women's Athletic Banquet held this year at the Roof Garden of the Royal York Hotel. The director of athletics for women of University College is the chairman, this Elizabeth Kennedy of U.C. and the assistant director makes all the arrangements for the banquet, this year Pat Flynn of III Year S.P.H.E. The only other "Phys. Ed." to take an active part was Elinor Pattison '45 who responded to the toast to the players.

The chief speaker of the evening was Mr. Fred Bartlett, inspector of physical education for the province of Ontario, who urged those present to help formulate public opinion. He felt they should know themselves that physical activity is good for one both physically and emotionally. He expressed the hope that in 10 years a number of those present would be on Boards of Education. "Do not wait until you are forty or fifty", he said. "Stand behind the plans that are made. Back up the authorities." President-elect Smith replied to the toast to University College, and after a fairly long speech, closed by saying, "You know they say, the longer the spoke, the greater the tire!"

Doris Clark of our III Year was the only one in University College to win her Senior T this year. This was awarded to her for outstanding ability in individual sport, badminton, and participation in a variety of sports. Those from the School who won their Junior T's were:

Lois Dowson, good basketball player, participation in a variety of sports.
Muriel Finlayson, outstanding ability in tennis and participation in team sports
Pat Flynn, Basketball and other sports

Tracy Stinson, Francis Lee, Grace Barnett, Nancy Simpson, Eallien McLean, Beth Thomas, all members of the Freshman Basketball Team, winners in the University Basketball League this year. Margaret McCleary and Lois Greaves, subs on the team, got their T's.

Helen Sheppard got her T for winning in the badminton doubles and for being in the quarter finals in singles. Irene Martin received a citation to her Junior T.

Pat Flynn, Lois Dowson, Suzanne Oliver, Jeanne Wright, Mardi Adamson, Mary McConney were given U.C. Honour Crests for playing basketball for three years, and Muriel Finlayson, Elinor Pattison and Betty Mackintosh for playing a variety of sports for three years.

An uninvited guest came to the banquet, looking for an award or an adventure, we are not sure which, when a mouse, probably Micky, ran across the floor. Hearts beat faster even in the athletic breast of those near at hand, but soon everything was calm and serene again and the affair passed off very smoothly.

What a grand "At Home" the students provided on March 9th! It was held in the Music Room of Hart House, Hart House that retreat for the University man where he can feel safe from the wiles of woman! To most of us Hart House means the theatre, the athletic wing where we can go occasionally, and the part-we-do-not-enter. Friday evening we saw Part of "the-part-we-do-not-enter". There was the Music Room itself with its arched and beamed ceiling made of Pacific Coast cedar, and its figures high up on the wall portraying Elizabethan musical instruments. There was the Chess Room across from the Music Room which was arranged with rugs and comfortable chairs for those who wished to sit out, and there was the Faculty Union overlooking the Great Hall, where our staff and members of the student committee were served refreshments, Music was provided by the Red Jackets and an entertaining floor show was put on by the students. A radio play entitled "The Lighthouse Keeper's Daughter" was broadcast by the I Year with Vic Koby as announcer and Fred Speer the sound producer. A candle on a cigarette stand was the light in the lighthouse and round and round this candle went the actors,

Bobby Beaton, Olive Harvey, Orde Skeeles, and Bill Hare as they climbed the stairs of the lighthouse, and round and round they went the other way, as they came down the stairs again! II Year put on a skit, a take-off on some of the III Year girls, clever and amusing. III Year entertained us with song and dance:

The girls: We welcome you, we welcome you to the P.H.E. "At Home"
You never knew, you never knew when she called you on the 'phone,
That you'd see a show as pretty as this,
Not many men but plenty of miss!
We've got the best bunch there can be, in P.H.E.

The men: Well here we are third year P.H.E.
Getting near exam time, we're scared as we can be...
Four foggy fellows we're muscle men that's true,
And Griff says there's nothing we can't do. Etc., etc.

Space is limited and we cannot print the girls' finale. Walter Lane was master of ceremonies for the evening and Mary McConney was his "right hand man". Douglas Whittle announced the results of the elections as follows: President, Joan Christie; Vice-President, Fred Speers; Secretary, Sue Gray; Treasurer, Sally Fox; Social Convener, Hazel Campbell; W.U.A. Representative, Kay McMillan; III Year representative, Margaret Fairley; II Year representatives, Betty Jacques and Don Ferguson. Heads of: Basketball, Kay McMillan; Volleyball, Arva Stewart; Hockey, Margaret Pellow; Badminton, Helen Shoppard; Baseball, Terry Dyer; Swimming, Sue Gray; Tennis, Vera Gilchrist. In addition to members of our own staff, the guests included Miss Ferguson, Dean of Women of University College and Mr. McAndrew, Registrar of U.C. Mr. Bickersteth, Warden of Hart House, and his assistants did everything they could to make us feel at home, and we did.

Service personnel who have seen at least eight months active service, are to be given special consideration in the School of Physical and Health Education. In case any of you are interested or if you know anyone who is interested, men and women from the services may be admitted (at their own risk!) on junior matriculation. The procedure is to send their application with their matriculation certificates to the School office. These are considered by the Counselling Committee and wherever possible the applicant is asked to meet the committee. For the sake of the applicant as well as the school, the Committee is anxious to admit only those who are suited to the course. Those who have had previous training but wish to spend a year in refresher work may, at the discretion of the Committee, register as occasional students and take the various courses they feel will be beneficial.

The Margaret Eaton School Alumnae Association is still taking an active interest in the "Maggie E." or 097. A cookie shower was held at Kathleen Pepler Hall's in January and although the attendance was small due to the bitter cold of the street corners, a nice box of cookies was afterwards nicely packed by Lucille Jacob for the nice boys. We hear they were received in excellent condition. Since that time further refreshment has been sent in the form of 6 bottles of pickles, 6 bottles of catsup, 1 cheese, 3 boxes of chocolate bars...A meeting was held at Lucille's in February. Parr was a very welcome guest and added much to the gaiety of the occasion of course. The March meeting took place at Dona Snellie's when the following were appointed a Nominating Committee: Norah MacLennan, Joan Thomas and Joyce Henderson. Election of officers will take place at the April meeting which is to be held at Louise Mackenzie's, 22 Dunster Ave. on Tuesday, April 3rd. To get there take a Yonge car to the city limits, and wait at Liggett's Drug Store on the north west corner of Yonge St. and Yonge Blvd. Members going by auto will call at the drugstore on their way up until 8:45....The annual Alumnae luncheon is to be held in May-date not yet known. It is hoped a large number will attend, both from Toronto and from near by cities. It is suggested also that graduates who are too far away to come to Toronto for the luncheon might get together for a festive occasion in their own community on that day. You may be hearing more about this.

The London Daily Free Press of February 22nd, carries an interesting article on the display of games equipment for rural public schools made by students at the London Normal School where Winifred Prendergast teaches. To quote: "Quoits and quoit targets bean bags and tompons, tin can stilts and wooden stilts, volley balls and hand balls, croquet mallet and moveable trapeze, skipping ropes...are among the articles submitted by the students as materials for good clean fun on a school ground. Normalites were given the assignment: Submit a piece of self-made playing equipment. No ideas and no help were offered by the physical education instructor, Miss Winifred Prendergast. The collection now on display is their answer to the assignment. Most highly prized in the collection are the balls, both small and large..."There is no need for any school to be without a ball when these can be so cheaply and durably made", Miss Prendergast commented...Three sets of table tennis bats were supplied for the table made last year. All kinds of ringer targets, generously supplied with scalar rings, were profusely displayed. A bowling target with four tunnels was fashioned to employ little tots for hours, and a stuffed swatter would bring squeals of delight in attempts to dodge its swinging attack. Team markers and relay batons of all shapes, colors and sizes necessary in any school, were carefully manufactured...The play articles were judged first according to their usefulness and durability, and then for neatness and originality. Miss Prendergast commented, "Of necessity practically anything can be made out of nothing by anybody. Gone is the day when the teacher can use as her excuse for not having organized play periods that she has no equipment."

The February number of the C.P.E.A. Bulletin contains much good reading. If you would pay your dollar and join the Association, you would receive this Bulletin as it is published. Have you? Will you? In case there are new graduates, or older ones, who do not know where to send their membership fee, Mr. Stanley Rough, 913 Coulomb St., Arvida, Que. is the secretary-treasurer.

NEWS NOTES:

We are not sure what the official motto of the School of Physical and Health Education is, but the unspoken motto is certainly "positive health, not just lack of disease." Alas, the staff has not been practising what it preaches. We name no names, but on one day there were four members of the staff away from their duties, four members of the staff who had slid down the scale from positive health to actual disease! Oh! Oh!

Dr. Ryerson is the president of the newly organized Central Ontario Association of the C.P.E.A. and Mr. J.E. McCutcheon is the assistant secretary-treasurer.

Miss Somers and Dona Snellie have been doing some very interesting work with the Zonta Club for the teen-age "Hang-out" which meets at the Y.W.C.A. every Friday night. This is a most popular gathering for the young people.

An interesting and instructive article by Dorothy Jackson on "Marching Tactics" appeared in the January 1945 issue of "The School". "The School", in case you do not know, is published at 371 Bloor St. West, Toronto 5, single copies 20 cents.

Born on June 6, 1944 to Bob and Cecily Baalim Mitchell, a son, Charles.

Gwen Baalim Holland is living in London, Ontario while her husband is on active service.

Major Mary Barker has been transferred to M.D.13, District Hdqts., CWAC, Calgary. She arrived there just 3 weeks before Major Doris Weston was transferred east.

Capt. Ann Bartlet is with the Directorate of Military Training in Ottawa.

Elizabeth Bleakney seems to be enjoying her work at the Crofton House School very much. She wrote at Christmas time, "Crofton House is flourishing with 230 children - quite

a handful with no gymnasium, I might say."

Born on February 28th, 1945 to Capt. Norman L. and Joan Brown Hillary, a daughter.

Born in April 1944, to Mr. and Mrs. H.L. Palmer (Louise Burns) of 18 Redwing Lane, Norton-on-Tees, Co. Durham, Eng. a son. This word reached us last June, slipped our editorial memory in the fall and somewhere between the editor's desk and the mimeographing machine got lost in December. Mrs. Palmer wrote: The baby's name is Roy Adrian - he is a grand little lad and we are all very delighted with him. Hugh and Ian think he is great fun.

Marjorie McFadzean Claxton 4T4 left the Ontario College of Education at the beginning of the new year to teach in the Collegiate Institute at Sarnia.

2nd Lieut. Clayton 4T4 completed his OTC training at Brockville in January and is now stationed at Barriefield, Ontario.

Grace Craig is a lieutenant in the R.C.A.M.C., stationed in the Military Hospital, Camp Borden.

A welcome letter from Marjorie Culbert Royal in Rio de Janeiro, came in February. Marjorie says, "Life goes on much the same here. We certainly have our housekeeping problems but who hasn't? And we have such a lovely beach (she should see our beach!) and no heating problems in winter, that life is not at all unbearable."

Betty Davis 4T4 also left the Ontario College of Education at the new year, to become physical director for girls in Kennedy Collegiate in Windsor, Ont. Betty writes, "I am very busy with 460 girls to look after...We have a gymnasium of our own and a marvellous swimming pool. I find the girls very nice and co-operative which helps considerably. This is a thriving basketball district and everyone is most enthusiastic about it."

Margaret Davis is taking the Physiotherapy course at McGill University, two years in one because of her Margaret Eaton training. Margaret says she works hard and likes it very much.

Margaret Dunning Farr, National Physical Education Secretary for the New Zealand Y.W.C.A. is organizing a year's training course for Y.W.C.A. personnel at Moray Place, Dunedin, N.Z. The course begins this month. Margaret has just finished directing the first girls' camp where she had 80 girls and 12 counsellors.

Jack Eilbeck, ex-4T5, is stationed at H.M.C.S. York, Toronto.

Lieut. Theo Elmsley has been appointed in charge of physical education at #1 Women's Services' Health Centre, at Harrison Hot Springs, B.C.

Joan Fawcett wrote to Miss Somers recently of her work in the College of Physical Education for Women in Calcutta. She says, "I am thrilled with the work and to get a better understanding of the children I have to work with, I am learning Bengali and Indian dancing. The movements of the latter are very similar to Modern Dance, so I am experimenting now with a group of Bengali girls to find out to what extent we can introduce Modern Dance in their schools as a form of movement and not necessarily in its advanced stage of dance composition. The Bengali rhythm is different from ours and of course the tempo much slower."

Joan Followes, who is still overseas with 50 Co'y of the CWAC writes, "The country here

is still beautiful even though it is badly scarred and it rains a good bit of the time. (This was early in January.) We have had several fogs lately which can result in some very humorous incidents though you don't think so at the time. But when you see a Londoner getting lost, you don't feel nearly so stupid...I have seen Di Cameron several times - she is very busy now that WD's are going back to Canada.

Jane Ferguson Christie is in charge of physical education and recreation for the CWAC's in Toronto under the War Services of the National Y.W.C.A. Jane's headquarters are at Trinity Barracks.

We were all delighted to see Marjorie Fraser Armitage a few weeks ago when she paid a flying visit to Winn McLennan Johnston. Marjorie has two little boys, Gordon and Blair Fraser.

Born on March 9th, 1945 to Mr. and Mrs. Fred Bodtker (Lissen Glahn) a daughter.

Gwen Inniss, Jack Eilbeck from H.M.C.S. York, and Ray Latremouille attended the School "At Home" on Friday evening.

Frances Kitchen Miller has joined the St. John's Ambulance Association as a physiotherapy attendant and expects to leave presently for a month's course at Huntington, Que.

Margaret Large is with the Y.M.C.A. Auxiliary War Services and the last we heard was stationed at Centralia.

A welcome visitor in Toronto in February was Sylvia McAllister Hamill. To all reports she was looking extremely well.

Nancy McKean was also in town recently. Nancy still enjoys her two positions and apparently work agrees with her.

Joe McLaren ex-4T5 dropped in to see us in February before leaving for Windsor, Ont. to continue his naval training at H.M.C.S. Hunter.

Major Mona Miller Tomalin is commandant of the CWAC Advanced Training Centre at MacDonald College, Que. She attended the Staff Course at Ottawa early in February and saw Mary Barker and Ann Bartlett.

Jean Morrison Burton and her little boy, Peter, have gone to live in Scotland where "Monty" is stationed. Jean's address is, "The Cottage", Dirleton Ave., North Berwick, Scotland. Jean wrote most interestingly to Miss Somers recently, telling about their arrival, etc. We do not think she would mind our quoting from her letter: "Monty had a fortnight's leave. We spent the first week with his mother in Stains, and then we left Peter with his new grandmother and we went off by ourselves for a week, for my initial introduction to England. Being on leave from operations, Monty was allowed 10 gallons of "petrol" and as the Baby Austin does 30 miles to the gallon, it gave us quite a bit of scope. We spent a lovely day at Windsor, went to Eaton, Hampton Court, and numerous other lovely and interesting spots."

Friends of Betty Mortimer 4T3 will be glad to know that she is very well and enjoying her stay in California. She has been doing part-time work in one of the University laboratories.

Muriel Melles Whyte and little Ian are living in Ottawa with Muriel's parents while her husband is overseas. Ian has quite recovered from his illness since he came east.

Joyce O'Neill is with the English Wrens. She wrote to Miss Somers since Christmas, "I have been here at Mill Hill since I joined up last May except for a few weeks last fall

when I was on the Isle of Man. My work is extremely interesting -- it is a basic training depot, and every fortnight I have about 50 girls to train. I work directly under an officer, have a fair amount of office work to do (with the result that I can now type - slow but sure!) but most of my time is occupied dealing with the girls."

Kathleen Pepler Hall and Christopher have arrived safely in England and are living with L. Commander Hall at 29 Coombe Gardens, Raynes Park, Wimbledon, London, Eng. Christopher was greatly taken with the double-deck busses - one bus with another on its back! Was it because they hadn't any wheels for the top one?

Katharine Reed has been taking two courses at the University of New Brunswick this year in addition to her work as a teacher in the Provincial Normal School in Fredericton, N.B.

Born to Lillian Ross Haryett and Mr. Haryett, on December 14, 1944, a son, Ian Barry Ross.

Jean Sabiston has reached England safely and is now on a short training course before taking up her duties as a transport driver with the Canadian Red Cross. At the time of writing home, Jean was billeted in a castle and was probably feeling pretty "swish"! Her address is OD 485, Driver Sabiston, J.M., Canadian Red Cross Headquarters, 3 Burlington Gardens, London W1.

Stewart Scott, probationary sub-Lieutenant in the R.C.N.V.R. was in Toronto on leave recently and visited the Men's Department. He has since finished his work at Cornwallis and is now taking a course at King's College, Halifax.

Edith Seixas Browne and her little boy went last fall to Nassau to be with Squadron Leader Browne who is stationed there.

Muriel Sinclair, who is with #24 Canadian General Hospital overseas, writes: "We are just an hour's train trip from London and so naturally go in every week on our "day off". I have seen quite a lot of the sights there and there can be no other city like it, standing with ancient pride and dignity despite the many scars of bombing."

2nd Lieut. Don Smith is continuing his training at Camp Borden where he is with All C.M.G.T.C.

Elise Smythe Spratt and Ricky are in Bermuda where Lieut. Spratt is stationed.

Betty Snell, as you all know, is with the Red Cross in Italy and loving her work. She says, "I think perhaps as we are not moving so fast out here we have more handicraft with the patients. They all love it though most of them feel rather silly at first, starting embroidery or getting themselves well tangled up in string belts. They do beautiful work though, and I find the job a very satisfactory one."

Ross Sturgess who is training in England for the Fleet Air Arm, writes: "The course I am on consists of a month at Torquay where we had aptitude tests, drill and a few other subjects, a month at Clyffe Pypard for flying and ground school and three months at Vincent consisting of quite a few air and naval subjects...When we finish the course here (Clyffe Pypard) in about a week and a half (this was written January 20) we have a couple of weeks leave. During that time I'm expecting to go with a few other Canadians on this course to dear old Oxford for a week. The Canadian Government sponsors a week's course there for Canadians...It will seem like the good old days."

L/Cpl P.J.Valpe attended the Athletic Night on Feb. 24th. He is stationed at Brantford, acting as an instructor, but expects to be moved to Camp Borden presently.

Elinor Wallace Souchuk is keeping house for her father while "Dan" is overseas.

Major Doris Weston recently took a two weeks course at Long Branch in Techniques of Instruction, after which she went to the Advanced Training Centre at MacDonald College where she is in charge of the Regimental Officers' Wing.

Born on Feb. 2, 1945, to Mr. and Mrs. G.K. Hutchings (formerly Ruth Whiteley) a daughter.

Julia Wright of the R.C.A.F., W.D. has been transferred to St. John's, Nfld., where, in her spare time she skis, plays badminton and is captain of the basketball team. If her team wins, they will be sent to Greenwood. We are not quite sure where Greenwood is. Are you? At any rate, we'll "root" for you, Julia.

Mary Elizabeth Wright writes most interestingly of her work in Holland. We quote: "We like our new set up so much more than Antwerp. We were in an enormous place and it took just ages to get from ward to ward. Now we are very compact. It is rather like pioneering in a sense. We have an old building which was quite filthy and one could hardly imagine it ever being a hospital. Now it is one and everyone seems so pleased. Our room is ideal - off an 'up-patients' ward and they stream in here first thing..... The Red Cross have done a marvelous job supplying comforts- battle bags, knitted things and so on.... We have now a little extra time to play games with the bed patients - bridge, checkers and so on. It is fun and I wish I had time here to tell you some of the amazing stories of their experiences that they tell... I never expected to see snow either. Today is a lovely day. A crisp winter day and the country-side is like a fairy-land. Snow and ice. How the children manage these wooden shoes is just amazing to me. But they do, and get around with such speed. You would not believe it but they still leave the shoes outside their front doors."

Joan Davis 4T4 attended the School dance on the 9th.

Barbara Halliday has been released from the R.C.A.F., W.D. and has been teaching on the occasional staff of the Toronto Board of Education. At present Barbara is busy with her aunt, Miss Fern Halliday, in seasonal work for Camp Oconto, of which Barbara has been appointed Assistant Director.

Sub-lieuts. Don Hamilton and Ross Shaver, formerly of the Class of '45 were recent visitors in the Men's Department. Don is with H.M.C.S. Niobe with headquarters in Scotland, and Ross is with H.M.C.S. Suderoy 4, a minesweeper operating out of an Eastern Canadian port.

Gladys Hammer is in charge of the recreation and physical education programme at the York Community Centre.

A letter received recently from Norma Hansen 4T4, tells that she expects to be through her interning, after taking a course in physiotherapy at the Mayo Clinic, on March 18th. Norma has enlisted in the United States army for service overseas.

Marjorie Hughes, known to her friends as Major, has returned to her old position in the hospital at White Plains, N.Y.

We extend our sincere sympathy to:

Shirley Muddiman and her family in the sudden death of Mrs. Muddiman at her home, 124 Rochester Avenue, Toronto 12, on December 14, 1944.

Grace Richer, her mother and brother, in the death of Mr. Richer in the Oshawa General Hospital on January 28, 1945.

Charlotte H. Leyton



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